



**Haven House**  
**City of Refuge**

# VICTORIOUS CHRISTIAN LIVING



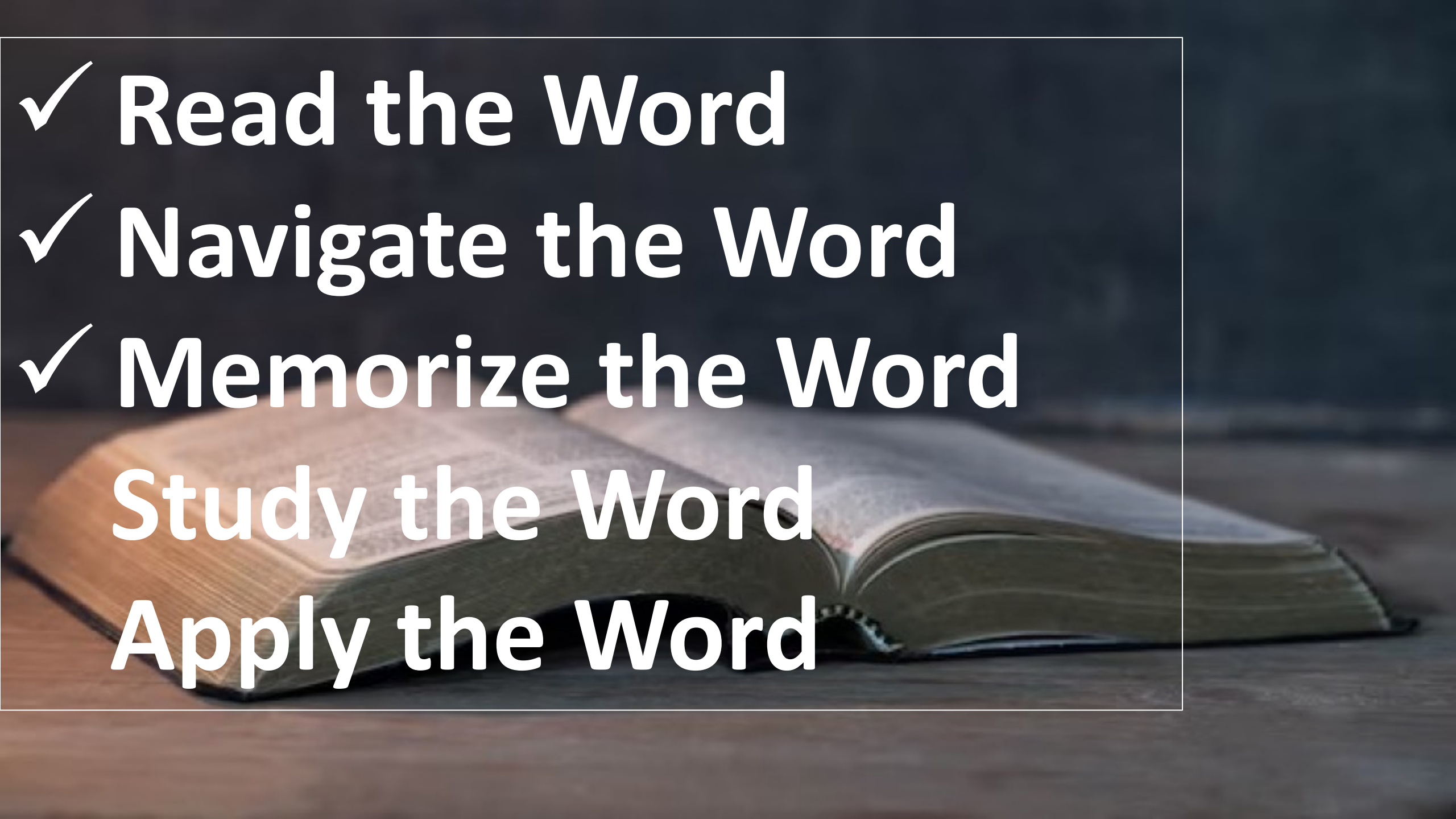
1Jn 5:4 For whatsoever is born of God  
overcometh the world: and *this is the victory*  
*that overcometh the world, even our faith.*



5

# Principles of Victory through the Word



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- An open book with a dark cover is lying flat on a wooden surface. The pages are slightly aged and the text is faint. Overlaid on the book is a white-bordered box containing a list of three items, each preceded by a checkmark. Below the list, the words 'Study the Word' and 'Apply the Word' are written in large, bold, white font.
- ✓ **Read the Word**
  - ✓ **Navigate the Word**
  - ✓ **Memorize the Word**

**Study the Word**

**Apply the Word**

It is an important part of our walking in victory in Jesus that we learn and apply the principles of memorizing scriptures.

**Memorizing is defined as:**

the faculty by which the mind ( the heart , the spirit ) store and remembers information.

Question?

What technique or process can we employ to assist us to “hide” the word?

# 4

**There are four (4) principles that we need to discuss in order for the memorization of scriptures to be effective.**

**They are :**

- Being Intentional
- Meditate on the word
- Write down scriptures / take notes.
- Learn to recite what you write down .

## Psalms 1:2

”and on his law ( his precepts and teachings ) he  
*habitually meditates* day and night .

**Jos 1:8 This book of the law shall not depart out of thy mouth; but thou shalt **meditate** therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.**



# Questions:

1. What does it mean to meditate on the word?
2. How do we meditate on the word ?





What does it mean to meditate on the word?

- To ponder
- Murmur
- To utter

The simple explanation to meditate on the word means to rethink, to ponder!

***This is what happens we one does not retain or meditate on the word !!***

**Jas 1:23** For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:

**Jas 1:24** For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.

**Mrk 4:19 And the cares of this world,  
and the deceitfulness of riches,  
and the lusts of other things entering  
in, choke the word, and it ( the sown word)  
becometh unfruitful.**

Both scriptures points to what happens when a person receives the word and does not retain the word that was sown. Meditating on the word helps us retain the word that was sown into us .



**Meditating on  
the word helps  
us retain and  
hide the word of  
the Lord in our  
hearts.**

First Step

BE INTENTIONAL

# Principles to Meditating the Word !!

1. Choose a time to meditate on the Word of God  
---- *eliminate distractions*
2. Pick a verse
3. Pray
4. Read the verse slowly and out loud
5. Write it down or copy / paste the verse.
6. Circle, underline, highlight **what stands out to you?**  
( see example )
7. Analyze your findings ( see example)
8. Repeat the process again. (steps 3,4,5,6 and 7)



# My example !

**Psalms 18:1** To the chief Musician, *A Psalm* of David, the servant of the LORD, who spake unto the LORD the words of this song in the day *that* the LORD delivered him from the hand of all his enemies, and from the hand of Saul:

And he said, I will love thee, O LORD, my strength. **Psa 18:2** The LORD *is* my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, *and* my high tower. **Psa 18:3** I will call upon the LORD, *who is worthy* to be praised: so shall I be saved from mine enemies.

**Psa 18:1 To the chief Musician,**

**A Psalm of David,**

**the servant of the LORD,**

**who spake unto the LORD the words of this song in the day**

**that the LORD delivered him from the hand of all his enemies,**

**and from the hand of Saul:**

**And he said,**

I will love thee,

O LORD, my strength.

**Psa 18:2** The LORD is my rock,

and my fortress,

and my deliverer;

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and the horn of my salvation,

and my high tower.

**Psa 18:3** I will call upon the LORD,

who is worthy to be praised:

so shall I be saved from mine enemies.

MY FOUNDATION  
SOLID

My way of Escape  
My way out

Small SHIELD  
made of metal  
or leather soaked  
in oil.  
Protects the  
WRIST.

My Defense

HORN = Power,  
• A ray of light  
• A corner of the  
Altar.

## REPEAT THE PROCESS!

After you have done this, lay your paper / notes down, give yourself some time (2 hrs.) , come back and review the notes again.




Question:

How is this different from study?



In study , there are more issues to explore.

In meditation of the word the goal is to review what you read, think about what you read , ponder what you have read in such a way that it will be imprinted into your memory and spirit.



practice...

practice...

practice...